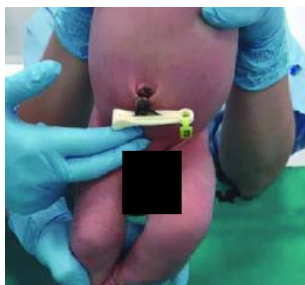


Clean catch urine collection for culture (MC&S)

(You will need: feed, sucrose, sterile sample pot, inco sheet, 2-3 people)

1. Feed the infant (breast or formula—usual feed volume).
2. 25 minutes after feeding clean the infant's nappy area with warm water and soap, and dry with sterile gauze.
3. Have the sterile collection container to hand.
4. Administer sucrose to infants up to 3 months.
5. Person 1: hold the baby under the armpits with their legs dangling.
6. Person 2: stimulate the bladder—> gently tap the suprapubic area at a rate of 100taps/minute for 30 seconds, **(A)** then stimulate the lower back with light circular massage for 30 seconds **(B)**.
7. Continue rotating bladder and lumbar stimulation until the urine is obtained **(C)**, this usually takes approx. 5minutes.

**A****B****C**

Herreros, F.G., Tagarro, A., Sánchez, A., García-Pose, A. and Ruiz, P., 2013. A new technique for fast and safe collection of urine in newborns. *Archives of Disease in Childhood*, 98(1), pp.27–29.

